

Call 250-382-4604 to register

# CHILD RECREATION

## Sportball

### JUNIOR (16 - 24 MONTHS)

This program is a perfect introduction to Sportball. Children and parents participate in sports, creative games, songs, rhymes, stories, bubble time and more! Although these programs focus on exploration, children will be introduced to a different sport each week. Parents are encouraged to participate with their child and to challenge them according to their skill level.

**Thursdays, January 12<sup>th</sup>-March 8<sup>th</sup>** 9/\$126  
9:45am-10:30am

### MULTI-SPORT (3-5 YEARS)

Multi-Sport programs focus on skill development in 8 popular sports: football, soccer, hockey, baseball, basketball, tennis, volleyball and golf. Participants learn, rehearse, and refine sports skills in a positive, encouraging, and non-competitive atmosphere. Programs are carefully designed to focus on the child's gross motor development. Through creative instruction, customized sports equipment and positive encouragement, children develop balance, strength, coordination, stamina, and timing.

**Thursdays, Jan. 12<sup>th</sup>-Mar. 8<sup>th</sup>** 9/\$126  
10:30am-11:30am

### PARENT & TOT (2 - 3 YEARS)

Parents/grandparents are guided through activities with their little sports fan using the award-winning 'Sportball' curriculum, which provides the basic concepts and skills behind seven popular sports: baseball, basketball, golf, hockey, soccer, tennis and volleyball. These programs develop important gross motor skills and help parents learn proven coaching techniques, plus it's really fun!

**Thursdays, Jan. 12<sup>th</sup>-Mar. 8<sup>th</sup>** 9/\$126  
9:00am-9:45am

## L.I.F.E. Program

### Leisure Involvement For Everyone

The L.I.F.E. Program provides a combination of annual credit and program savings to eligible individuals and families. These credits can be used towards recreation programs and services in all City of Victoria recreation facilities, as well as a number of neighbourhood community centre. Eligibility is based on household income. Application forms are available at the Centre desk.

For more information contact  
Crystal Pool at 250-361-0732

Successful applicants receive: \$40 credit per adult & pre-schooler, \$60 credit per youth & 52 drop in visits

## YOUTH PROGRAMS

### The Chill Zone

at Fairfield Community Place

**Donation Youth Drop-in**  
and staffed resource space

**Thursdays & Fridays 3-5pm**

Chill Zone is closed after Dec 16th and reopens January 5th

#### Need help?

- youth resources & referrals

#### Bored?

- Victoria events calendar
- youth recreation info
- comfy couches
- Free Wifi
- books, comics & crafts
- movies & gaming
- sports equipment lending
- phone & internet access

#### Interested?

- grades 5-8 welcome
- bring friends from any school or neighbourhood

#### Where:

Fairfield Community Place  
1330 Fairfield Road  
(next to SJD)

#### Info:

Thomas (250) 382-4604  
recreation@fairfieldcommunity.ca

### The Youth Zone

@ Fairfield Gonzales Community Centre

New Youth Program Grades 5 & 6

## Register for January !

#### What's Up:

- Leadership and Community Projects
  - Rock Climbing & Yoga
  - Dance Demonstrations
  - Arts and Crafts
  - African Hand Drumming
  - Pottery
  - Photography
  - Basketball & Soccer
  - Comfy Couches
  - Books & Comics
  - Movies & Popcorn
  - Gaming
  - Phone & Internet Access
- ...Just to name a few  
Fun, healthy snack each day!

#### Interested?

- Grades 5 & 6 welcome!
- Registration is open NOW!
- Youth Workshops included for FREE

**When:** Monday to Wednesday  
3:00-5:00pm

#### Where:

Fairfield Community Place  
1330 Fairfield Road  
(next to SJD)

#### Cost/

#### Registration:

Inquire with Thomas King  
(250) 382-4604

Recreation@fairfieldcommunity.ca

**Program Closed Dec 14th**  
and Re-opens January 9th